



Founder

Gloria White

Board of Directors 2016

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Marian Conrad,
Executive Director

Facilities Served

Alma Healthcare

Ashton Place

Brookfield Assisted

Butterfield Place

Chapel Ridge

Covington Court H&R

Crawford H & R

Fianna Hills NH

Golden Years Retirement

Greenhurst Nursing

Greenwood Retirement

Highlands of Van Buren

Hope's Creek

Legacy H&R

Medi-Home of Arkoma

Mercy Crest

Methodist Health

Ozark Healthcare

Oaks NH, Poteau

Paris H&R

Pink Bud Home

River Valley H&R

Sequoyah East

St. Scholastica

Van Buren H&R

One-to-One



SUMMER 2016

New Expressive Arts Programs

We are excited to announce our partnership with MudPuppy Studios to bring Pottery, Music, and Visual Arts to Nursing Home Residents! MudPuppy Studios in Fort Smith is the home studio for potter and musician Peter Lippincott. This

program focuses on the creative process and active participation with the intended outcome of increased social interaction and mood elevation. To schedule a session at a Project Compassion facility, sponsor a class, or volunteer with this new



Peter Lippincott, MudPuppy Studios,
Facilitating a class.

program, contact Project Compassion at 479-783-2273.



Martha Johnson is a Certified Healing

Music Practitioner with "Whispering Spirits" music. She provides residents of our facilities with soothing Native American style music on the flute, and lap harp. "Whispering Spirits" music comforts the body, mind, and spirit. Martha has worked in the Fort

Smith medical community for more than 30 years and is licensed in radiography, mammography and bone densitometry. Since ancient times, music has been used by many cultures to enhance quality of life. The therapeutic value of music has been proven with many studies over the years. Martha is an accomplished musician and loves sharing her

musical gift with residents, staff, and families. Project Compassion sponsors initial sessions for our facilities and Martha is also available to individuals.

To sponsor or schedule a session at a Project Compassion facility, or volunteer with this new program, contact Project Compassion. 479-783-2273

Welcome New Volunteers

Tami Coddington

Luke Tia

Alicia Patterson

Suzanne Mush

Kaylee LeGrand

Zoe Leonard

Kori Wilkinson

Elisa Perew

Katherine Runion

Kandee Burrows

Yvette Arsola

Helena Drolshagen



Krystal Douglas

Kaitlyn Butler

In This Issue:

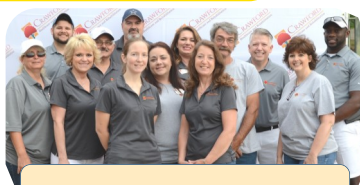
- ◆ New Expressive Arts Program
- ◆ Welcome New Volunteers
- ◆ Crawford H&R Golf
- ◆ Sprint for Compassion 5-10K
- ◆ Volunteer Appreciation Luncheon
- ◆ National Nursing Home Week
- ◆ United Way Day of Caring
- ◆ Senior Olympics

Project Compassion

Our Mission:
"Bringing Joy
Companionship,
and Quality of Life
to Nursing Home
Residents"

Crawford Health and Rehab Charity Golf Classic

Crawford Health and Rehab hosted the inaugural charity golf tournament benefitting Project Compassion and the Alzheimer's Association on May 23 at Eagle Crest Golf Course in Alma. Seventeen teams competed for prizes and winners were announced during a lunch provided by Arvest Bank. Photos courtesy of Bedford Camera and Video.



Crawford Health and Rehab



Top- Event volunteers Jean Fleming (Board Member), Debbie Bentley, Carmelita Adams (Board Member)



Left- Crawford Health & Rehab team

Right- Project Compassion team



Project Compassion Board of Directors (above) receiving a check for \$5,000 from the event! Thank you to Crawford and all the sponsors and volunteers who made the tournament a HUGE success!



Sprint for Compassion - 5k & 10k



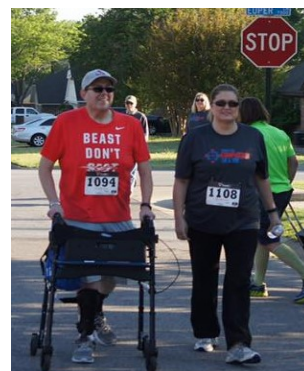
Ready-Set-Race!

The First Annual Sprint for Compassion was held in conjunction with the Euper Lane Elementary Farmer's Market on Saturday, April 23. It was a beautiful day for runners and walkers of all ages to participate in the event! Goody bags with t-shirts were given out to early-bird registrants and trophies were awarded to 1st and 2nd place winners in each age group.

We appreciate all the participants, sponsors and Euper Lane Elementary for supporting the run! We look forward to next year—April 22, 2017!



Kistler Center Team!



Dr. Eric Stein and Janet Loyd

2016 Volunteer Appreciation Luncheon

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"Hats Off to Volunteers"

was the theme of the 2016 Volunteer Appreciation Luncheon. This event honored all of our dedicated volunteers and acknowledged their work in making a difference in the lives of nursing home residents. Three special awards were presented by Board President, Sr. Judith Marie Keith, RSM and Executive Director, Marian Conrad.



Fred Kinslow
2016 Gloria White Award

These three awards recognized our "Volunteer of the Year", "Rookie of the Year" and "Gloria White Community Angel"!

We tip our hats to ALL of our volunteers—they make a difference every-day in so many lives!



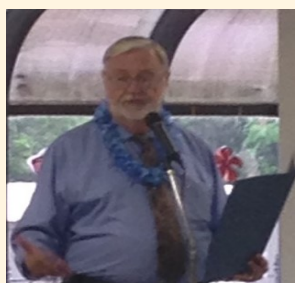
Iris Hightower
Volunteer of the Year

(Left) Iris Hightower - Since 2004, Iris has been a resident and volunteer at Methodist Village and volunteer at Methodist Health & Rehab. She sings in the Methodist Village Choir, visits Hospice patients, leads Bible studies and brings cheer and friendship to residents. **(Top) Fred Kinslow**, - a Greenwood resident, is a barber and has been cutting men's hair at Pink Bud once a month since 1964! He has been an active community champion in Greenwood for many years. **(Right) Louis Morales** - also from Greenwood, visits Pink Bud residents daily and helps with meals, cleanup, and activities. He volunteers about 100 hours each month.



Louis Morales
Rookie of the Year

National Nursing Home Week 2016



Mayor Sandy Sanders

Mayor Sanders presented a Proclamation declaring May 8-14 "National Nursing Home Appreciation Week". Many events at area facilities provided fun for residents, staff, and visitors.

Chapel Ridge hosted the kick-off promoting the 2016 theme with each hall of the facility decorated in a different Disney theme.

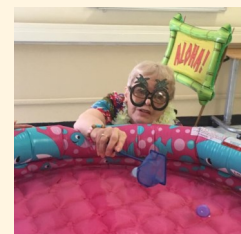


Snow White and the Seven "Dwarfs" won 2nd place!



Theme WINNER!
The Lion King

"Go Fish!" at Chapel Ridge H&R added to the week of fun of contests, costumes and activities!



United Way Day of Caring



Nail Painting at Covington

Thanks to all the individuals, partners and local businesses who participated in Day of Caring 2016! Volunteers visited with residents at 15 facilities and participated in different organized events while other volunteers helped by beautifying the grounds.



Pottery at Methodist with MudPuppy Studios



Bingo at Brookfield

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FORT SMITH, AR
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Sponsored by:



Strong Medicine Since 1920

33rd Annual Senior Olympics

Come Cheer on residents of 13 Area Nursing Homes

As they **"Go for the Gold!"**

Disc Throw!

Bean Bag Toss!

Wheelchair Races!
Shot Put!

Free to the Public

Friday, July 22, 2016

10am-1pm

Fort Smith Convention Center