



Bringing Joy, Companionship and Quality of Life to Nursing Home Residents

ONE TO ONE

the key to compassion

Volume II Issue III

October 2008

AR Nursing Homes

Alma Health & Rehab
Ashton Place
Covington Court H & R
Crawford County R&H
Fianna Hills Nursing Home
Golden Living H&R
Golden Years Retirement
Greenhurst Nursing Center
Greenwood Retirement
Legacy Health & Rehab
Chapel Ridge Nursing Home
Mena Manor
Methodist Nursing Home
Ozark Nursing Home
Paris Health & Rehab
Pinkbud Nursing Home
Rich Mountain Nursing Home
River Valley Health & Rehab
St. Scholastica Infirmary
Van Buren Health Care

OK Nursing Homes

Medi-Home Arkoma
Oaks Healthcare
Sequoyah East



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Barbara Hartman receives Marion Stephens Key Person of the Year 2008



Barbara Hartman is very family oriented. Her compassionate nature extends beyond her family and friends to her adopted family at Golden Years Retirement in Greenwood, AR where she was an active volunteer for a couple of years before she joined Project Compassion in

2003. Barbara visits one-to-one with all the residents, plays games with them, attends worship services and music sessions with them. She has been faithful serving the residents and inspiring the 15 Project Compassion volunteers who work with her at Golden Years.

Barbara, as Key Person, is the liaison between Project Compassion and the rest of the volunteers. She helps recruit volunteers, gets to know them

and inspires them to continue working along with her to bring joy, compassion and quality of life to the nursing home residents.

Barbara received a sterling silver pin embedded with the Project Compassion logo in honor of her service.

Barbara is married to Mike Hartman. Daughter Amy and Mike Franks and grandson live in Little Rock.

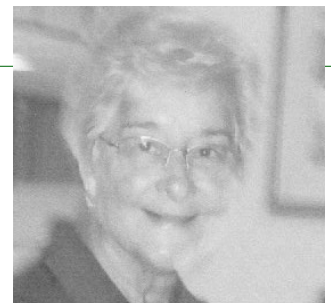
Thank you, Barbara!

Zelma Cox claims Sue Sherman Award for Volunteer of the Year 2008

Zelma Cox is the recipient of the 2008 Sue Sherman Memorial Award for most exemplifying the best qualities of a Project Compassion Volunteer. Zelma volunteered at Chapel Ridge (formerly Medi-Home, Fort Smith) for three years before joining Project Compassion in 2004. The residents love Zelma and she loves them and helps them have fun. She keeps the residents laughing and

enjoying all activities. She helps with bake sales, garage sales and any special party or function at the nursing home. Like Sue Sherman, Zelma goes beyond the call of duty of the volunteer one-to-one visit.

Zelma also volunteers for the Reynolds Cancer Support House, assists seniors in independent living by taking them to doctor appointments and other appointments. She helps with the Fort Smith Golf Classic



and works with RSVP as needed. What a lady!!

Zelma received a stained glass replica of our logo, the up-stretched hand of man striving to reach the down-stretched hand of God, designed by Sister Roberta

Second Annual Golf Tournament a Success!

As you can see from the smiles on the faces of Mark Buergler (left), golf tournament chair, and Dr. Eric Stein, the weather was perfect at Eagle Crest Golf Course in Alma and the players showed up ready to play, in spite of everything that was happening on Wall Street September 15. We had lunch and a shotgun start at 1 p.m.



In addition to trophies, the first place team won four rounds of golf at Hardscrabble Country Club and

the second place team won 2 rounds of golf at Eagle Crest Golf Course. The longest drive winner received a Hybrid iron club from Golf Nutt.

Thank you Mark Buergler and Annette Mackey for your hard work in organizing this fun event. Thank you to all who sponsored teams, all who sponsored holes, donated beverages, prizes and gave your time to help make this fundraiser a success. You have helped support our mission to bring joy, companionship and quality of life to our nursing home residents.

We hope you will plan to join us, again, mid-September, 2009 .

Join Iris and Rowdy in Providing Pet Therapy

We all know how much joy and companionship we get from our pets. Some nursing homes have their own resident animals, dogs or cats. Others rely on folks to bring their pets to the nursing home. Iris Hightower and Rowdy, a 9-year-old Schnauzer do just that.

Rowdy was recently honored with a party and rose petals from Mayor Baker for reaching 150 hours of volunteer service as a pet therapy dog. Of course, he could not do it without Iris Hightower, who cares for Rowdy, obtained certification for him via Therapy Dogs International (TDI), and has

volunteered through Project Compassion since 2003.

In order to volunteer with Project Compassion, dog owners must obtain certification through TDI, which is a non-profit group. Ben Goff is an evaluator in Fort Smith. Call Ben Goff at 651-0202 for more information, including the next testing day. You can, also, check out TDI at www.tdi-dog.org. There is a charge for the testing and the 12 steps are pass/fail. Passing, which includes such things as "accepting a friendly stranger" is a prerequisite for application to TDI for certification.

Project Compassion does require proof of certification and insurance to accept therapy dogs.

This is a wonderful way to share your well-behaved pet with others so we hope you will give Ben a call.



New Project Compassion Officers for 2009-2010

Project Compassion Directors serve 3-year terms, without term limits. Officers serve 2-year terms. The Board meets monthly on the third Tuesday at 12 noon in Room 110 of St. Scholastica. These are open meetings and you are welcome. We do not meet in July or December.

Officers

Debbie Findley, President
Dr. Eric Stein, First Vice-President
Betty Coots, Second Vice-President
Toni Holderfield, Secretary
Kris Hope, CPA, Treasurer

Board Members

Dr. Calline Ellis Rep. Jim Medley
Pat Fellner, CPA Sr. Elise Forst
Sr. Judith Marie Keith
Carmelita Adams Mark Buergler
Monty Watts , JD, CPA

Thank You to Our Supporters & Sustainers

May to October, 2008:

Carmelita Adams
Area Agency on Aging
Arkansas Poly, Inc.
Ashton Place
BancorpSouth
Belle Point Distributor
Bill Buergler
Mark Buergler
Central Discount Pharmacy
Chapel Ridge NH
Chris & Lucy Coleman
Cooper Clinic
Covington Court NH

Eastside Vision Dr. Eric Stein
Fianna Hills NH
First National Bank Investments
First National Bank Trust
Pat Fellner
Debbie Findley
Greenhurst N.H./Skyler Estates
Goddard Methodist Women's Club
Golden Living
Golf Nutt
Calvin Moye Real Estate
Hardscrabble Country Club
Junior League of Fort Smith
Nunelee & Wright Real Estate

Ozark Nursing Home
Pink Bud Nursing Home
Myron & Dot Rappeport
Religious Sisters of Mercy
River Valley Health and Rehab
Simmons First National
Stein and Associates
The Production Company (Beth Revelle)
United Way of Fort Smith Area
USA Golf
Bennie Westphal Foundation for Life

Your tax-deductible contributions support and sustain the mission of Project Compassion.

17th Annual Hearts of Gold Holiday Gift Collection

Since 1991 Project Compassion has collected gifts and donations to ensure that the residents in the nursing homes we serve are remembered at Christmas.

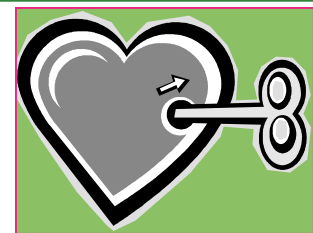
Simmons First Bank and Channel 40/29 News are long-term sponsors. **Arkansas Poly, Golden Living and the community** have been generous contributors.

This year we have been selected by

the Junior League of Fort Smith for one of their "Done in a Day" projects. They are donating money to purchase gifts as well as shoppers and teams to help sort gifts.

This is our biggest project each year and we need everyone's help. We provide gifts to all residents in the 24 nursing homes we serve.

Mark your calendar for December 2, 10 a.m. until 12 for the kick-off.



*Words are mere bubbles of water
but deeds are drops of gold that
bring Happiness to all.*

From the Board President: This and That

Dear Friends,

My two-year term as president will be over at the end of this year and I will pass that torch to Debbie Findley, who works so hard for Project Compassion. She has served as president in the past and, most recently, has been first vice president and chair of the Key Person Committee. She is the one who did the "old" Project Compassion DVD in the

late 1990's and she is the one who, along with Beth Revelle of The Production Company just completed our new Project Compassion DVD, premiered at the Volunteer Appreciation luncheon.

I am so pleased to have had this time to lead a dedicated, hard-working board that has been the wind beneath my wings as well as the wings of our Volunteer/Office Manager, Annette

Mackey, our Key People and the volunteers who are front-line in bringing joy, companionship and quality of life to our area nursing home residents.

I will continue on the board and look forward to 2009. Thank YOU for all you do for nursing home residents as volunteers for Project Compassion.

Calline Ellis, President 2007-08



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Hearts of Gold Kick Off is December 2
St. Scholastica Retreat Center, Room 110
Wish List for Nursing Home Residents

Pajamas	Robes	Sweat Suits	House Shoes
Slipper Socks (non-skid)	Lap Throws	Shawls	
Cuddly, Stuffed Animals	Lotion	Sweaters	

Please bring your gifts and join us for refreshments 10—12 noon