



ONE TO ONE

Volume II Issue II

May 2008

AR Nursing Homes

Alma Health & Rehab
Ashton Place
Covington Court H & R
Crawford County R&H
Fianna Hills Nursing Home
Golden Living H&R
Golden Years Retirement
Greenhurst Nursing Center
Greenwood Retirement
Legacy Health & Rehab
Medi-Home Fort Smith
Mena Manor
Methodist Nursing Home
Ozark Nursing Home
Paris Health & Rehab
Pinkbud Nursing Home
Rich Mountain Nursing Home
River Valley Health & Rehab
St. Scholastica Infirmary
Van Buren Health Care
Waldron Nursing Home

OK Nursing Homes

Medi-Home Arkoma
Oaks Healthcare
Sequoyah East



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Mayor Baker's Birthday Celebration and the Gloria White Award

Mayor Baker, who has hosted a birthday celebration for many, many years chose "Happiness is Project Compassion" as the theme for this year's 36th Birthday Celebration and Appreciation Brunch. Thank you, Mayor Baker.

What a glorious day it was on March 13 in the Convention Center Rotunda. Until her death in 1991, Gloria worked tirelessly on her dream that no one should live or die alone in a nursing home. After her death the Gloria White Community Angel Award was created to honor an individual in the community with qualities

like Gloria's.

There have been 16 past recipients:

1992 Judge Warren Kimbrough
1993 Mac McGehee
1994 Mayor Ray Baker
1995 Dr. Earl White
1996 Dr. Sandi Sanders
1997 Bill Beall, CPA
1998 Polly Crews
1999 Ed Dell Wortz
2000 Rep. Jim Medley
2001 Pat Shaw
2002 Paul Willis
2003 Helen Francis
2004 Shirley Rowe
2005 Kathy Fuhrman
2006 Nancy Zornes
2007 Betty Stutts



This year's recipient was Calline Ellis, who has been a member of the Project Compassion board since 1991, a nursing home visitor from 1998 until 2004. She has served as First Vice- President and is currently Project Compassion Board President. She is active in other community organizations.

New Volunteers in 2008

Since January we have 25 new volunteers. Office and Special Events: Pat and Dave Shaw and Dorothy Rapoport. Medi Home-Arkoma: Vicki Hurst. Fianna Hills: Jacqueline Rogosch, Lori Crosset, Tanya Hester, & Sunshine Bartlett. VB

Nsg Home: Billie Jo Teasley. Covington Court: Joan Bryan, Laura Castillo & Margena Lumpkin. Methodist: Jean Marie Vosper. Pink Bud: Merrianna Abshire, Sue Edwards, Martha Mixell, Lois Brandon. Greenwood Retire: Carol & Danny Youngblood. River Valley: Carol

Hammons. Ashton Place: Angela Lindsay. Golden Living: Diana Bushnaq, Elton Armstrong, Steve Huffeman and Oz Free.

Words are mere bubbles of water but deeds are drops of gold that bring Happiness to all.

From the Board President: This and That

Dear Friends,

I wondered why Deb Findley wanted to give the Gloria White award but she did chair the selection committee and I knew she would do a great job. I was truly speechless when the award was given to me. I really don't like the attention but must admit that I am pleased to receive this award. Thank you to Pat Shaw for nominating me and to the committee for selecting me. I am most appreciative of the opportunity to work for

Project Compassion and our community.

There are so many good things happening that it is hard to keep up with them all. Annette Mackey has been working hard to get every one to join RSVP and sign the HIPAA statements of confidentiality. As she visits the nursing homes, she is recruiting new volunteers. Dr. Eric Stein is speaking to the Family Councils in our nursing homes, as well as at civic organizations. Toni Holderfield has spoke to civic

groups about Project Compassion.

The board members are working hard to be sure that we have the resources we need to continue our mission. We had a visit from Gloria White's daughter, Lisa, and she was so pleased to see that PC was still meeting the needs of nursing home residents in this area.

Thank YOU for all you do for nursing home residents under the umbrella of Project Compassion.

Calline Ellis, President 2007-08

Nancy Zornes Inspires Day of Caring Volunteers

"Someone once said that there is no better exercise for the heart than reaching down and caring for people. Thinking about the mission of Project Compassion and Gloria White's dream, I feel that was what she had in mind. When I was given the privilege of being the Key Person at Methodist Nursing Home years ago, I knew in an instant that there was no better way to keep my heart in shape. My parents always taught me that we come into life being cared for and go out of this life being cared for—and somewhere in between we are given the opportunity to care for others.

When a person is born they are given smiles to pass on, hands to give a loving touch, and hearts to care and share. My smiles are there for the residents, to uplift their spirits, my hands are used to give that loving touch, and my heart loves and cares.

Getting to know each resident, their families and walking the last miles of their journey with them is such an honor.

My own life has overflowed with blessings that cannot be measured by being a Key Person/Volunteer at Methodist Nursing

Home. I am very thankful that there was once a lady named Gloria White who had a vision. Marion Stephens was the first Key Person and inspired me to share my smiles, my hands and my heart with compassion and, in return, my heart is always lifted up."

Nancy Zornes, Key Person Methodist Nursing Home

Of the 20 who volunteered for the day in 7 area nursing homes, 6 signed up to be regular visitors. They will be blessed as they bless others.

Thank you!



Your Project Compassion Board of Directors for 2008

Project Compassion Directors serve 3-year terms, without term limits. Officers serve 2-year terms. The Board meets monthly on the third Tuesday at 12 noon in Room 110 of St. Scholastica. These are open meetings and you are invited to attend. We do not meet in July or December.

Officers

Dr. Calline Ellis, President
Debbie Findley, First Vice-President
Dr. Eric Stein, Second Vice-President
Toni Holderfield, Secretary
Pat Fellner, CPA, Treasurer

Board Members

Betty Coots Rep. Jim Medley
Kris Hope, CPA Sr. Elise Forst
Sr. Judith Marie Keith
Carmelita Adams Monty Watts
Mark Buerghler

Thank You to Our Donors & Supporters

Thank you to:

Mayor Ray Baker for a fantastic 36th birthday celebration, to Nancy Zornes for the invocation, to Jack & Jill Day School under the direction of Margaret Grady and Velma Mealer, Lloyd Sims and Wilma Hill for their delightful entertainment.

20 Volunteers for Day of Caring from Simmons Bank, Arvest Bank, Golden Ventures and Arkansas Best. First National Bank prepared lunch for everyone, including our board members and several of the Sisters.



To Dr. Eric Stein for sponsoring our first newsletter and to Cooper Clinic for sponsoring this issue and the next issue.

January –April 2008

Donors: Margaret Swann

Chris & Lucy Coleman

Randolph Jackson

Dot Rappeport

Pat Fellner

Deb Findley in honor of Calline Ellis

Stanley Francis in memory of Helen Francis

Sustainers (\$1,000.00 or more)

- United Way of Fort Smith Area for the 2008 allocation.
- Area Agency on Aging
- Western Arkansas Planning & Development District via Rep. Jim Medley and Rep. Tracy Pennartz

We are a 501 (c) 3 non- profit agency so your gifts are deductible.

May 14 Key Person Workshop a Success

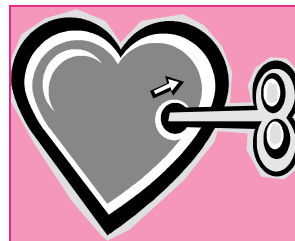
We had a total of 17 attending the Key Person Workshop. Susan Reehl, Director RSVP of Western Arkansas spoke before lunch on **Volunteers: Recruitment, Retention & Recognition**. She offered very practical ideas, internet resources and strategies on how to be a better volunteer, all knowledge seasoned with experience. Ask Annette for extra handouts. After lunch, compliments of Ralph Nich-

ols, Administrator of Medi-Home of Arkoma, Toni Holderfield, Administrator Fianna Hills Health & Rehab, spoke to us on **Abuse: Watch What You Say & Do!** Toni reminded us that abuse is not only physical but also mental and emotional. She offered examples of what is considered abuse and encouraged volunteers to let the nursing home adminis-

trator know of anything that just "isn't quite right."

Deb Findley, First Vice-President & Chair of the Key Person Committee, did a great job planning and coordinating this event. Our next Key Person Workshop will be in December.

Thank you to all!!



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Project Compassion, Inc.
1205 South Albert Pike
Fort Smith, AR 72903

Office Hours: M-Th 8:30-4:30
Friday by appointment only

Phone: 479-783-2273
FAX: 479-783-1849
projectcompassion@sbcglobal.net
www. projectcompassioninc.org

This issue underwritten by



25 Specialties..... 17 Locations

Healing & Caring..... As One

Events To Come

- **June 24: Senior Olympics at Rye Hill Baptist (SACA)**
- **September 15: Project Compassion Golf Tournament**
- **September TBA: Nursing Home Beauty Queen Contest**
- **October TBA : Volunteer Appreciation Luncheon**
- **December 2: Hearts of Gold Kick Off**