

ONE TO ONE

The Key to Compassion

Volume VI, Issue III Fall 2012



Friends of Project Compassion Dinner



ABOVE Dr. Tremwell and Dr. Busby chats with Tracy Pennartz



ABOVE: Sue and Guy Dallas



ABOVE: Sister Judith visits with Rep Jim Medley



ABOVE: Martha and Whispering Spirits



LEFT: Carmelita Adams and grandson Tyson. BELOW: Rep Jim Medley, Dr Busby, Eric Stein, Jordan Davis, Sue and Guy Dallas



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“...Bringing Joy, Companionship and Quality of Life to Residents in Long Term Care and Assisted Living Facilities. “

Caregiver Workshops

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St. Scholastica Infirmary

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Newsletter

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ABOVE: Abbie Taylor Cox with Lori Williams, Carmelita Adams and Sherry Savage

Thanks to a Caregiver Grant provided by the Western Arkansas Area Agency on Aging, Project Compassion is able to offer monthly Caregiver Education Workshops. The monthly workshops are held the 3rd Thursday of the month from 11:30 to 1PM in the St Scholastica Retreat Center. Our next workshop, scheduled for January 17, 2013, will be feature

guest speaker Terri Hocott, from the West Central Center on Aging, who will be discussing the new Schmieding Home Caregiver Training Program they now offer. Future workshops will include Sally Johnson, discussing Medicare changes, and Rosemary Alcon, discussing tips to help with caregiver stress. Can't wait to see you there!



ABOVE: Sally Johnson with the Arkansas Foundation for Medical Care



ABOVE: Tom Murdoch visits with JW Taylor and Jane Smith



ABOVE: Pamela Blocker and Ashley Ross from Methodist Nursing and Rehab



ABOVE: Kristi Graham and Michelle Foutch from FOY

Key Person Workshops



ABOVE: Jennifer Miller, our new Program Coordinator, shared tips on making Shea Butter Lotion Bars for residents.

Project Compassion's Key People serve as the liaison between the Project Compassion office staff, our volunteers, and the facility staff. Our Key People and some local caregivers met this fall to being planning for our annual Hearts of Gold Campaign. Many residents lack enough warm, soft clothing for winter; Project Compassion collects new, warm, soft clothing and fills the wish lists collected from the residents and their caregiver. We then work with our Key People to package the gift, including a Christmas card, and deliver the gifts to the facilities. Our goal is to ensure that NO ONE is forgotten-especially at Christmas. Many area businesses and organizations choose to help with this campaign by "adopting" a facility. Adopted facilities have their wish lists filled and gifts delivered directly from the adopting organization. There are so many elders that have no family or friends to visit or assist with needed personal items-Please remember them this holiday season and donate to Hearts of Gold!



ABOVE: Betty West, Activity Director at Alma H&R.



ABOVE: Bill Murray, our "Piano Man" and Nancy Zornes, Key Person at Methodist Nursing and Rehab

We Couldn't Do It Without Friends!

Area Agency on Aging
Fort Smith Pediatric Group
Health Depot
Margaret Ann Swann
Superior Senior Care

**Please consider the
Gift of Giving
this Christmas!**

**Gift Certificates for
warm, soft, clothing for Long
Term Care Residents are
available. You may also
consider adopting a Resident
this Christmas!**

**Project Compassion is a
Non-profit 501c3.**



United Way First Youth Day of Caring



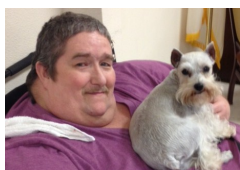
ABOVE: Miss Annie and Miss Aliza visit with Amra Trevino, Jazmine Dawson, Bonnie Her-rora, Vietnam Le, Jackie Krutsch and Haley Edgemon at Legacy Health and Rehab.



ABOVE: Mariah Ellingson, Madison Needham, Haley Edgemon and Addie Miller at the Project Compassion office, where they wrote Christmas cards for Residents

November 10th marked the First Annual United Way Youth Day of Caring! We were lucky enough to have volunteers at the Project Compassion office, Methodist Health & Rehab, Legacy Health & Rehab, and Chapel Ridge Health & Rehab. Volunteers at the facilities played Bingo, painted fingernails, bowled (with plastic pins and balls!), and visited with residents and listened to stories. The young ladies from Southside joined Jackie Krutsch, Executive Director for the Van Buren Chamber of Commerce, and Sam Sicard, President and CEO of First National Bank, at the Project Compassion office to set up for our Hearts of Gold campaign and stamp Christmas cards. Afterwards we all met for the Volunteer Appreciation Lunch hosted by the United Way. We are really looking forward to the 2nd Annual United Way Youth Day of Caring next fall and hope to see some of the youth volunteer become life-long Project Compassion Volunteers!

Project Compassion Parting Shots



ABOVE: Roxie at Legacy Health & Rehab



ABOVE: Dr. Jo Harper presents a check to Project Compassion from St. Luke's Charity Dinner



ABOVE: Mario Gureley and Emotions in Motion at Legacy



ABOVE: Jordan Davis, our Office Assistant last summer with youth volunteers from Grace United Methodist Church—during and after, on the right—our new carpet!



See you at the Open House on November 27, 2012 at 11:00am!



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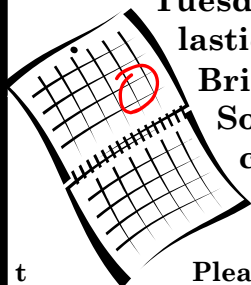
SAVE THE DATE!

Project Compassion—2012 HEARTS OF GOLD OPEN HOUSE

Tuesday, November 27, 2012 from 11:00—1:30 at 1205 S. Albert Pike, St Scholastica Retreat Center and Project Compassion Office

Bring a gift to place under the tree for a long term care facility resident. Soft, warm clothing, non-skid socks, large print puzzles and personal care items are always requested! Special guests include Gloria White's daughter Lisa White Bell, 40/29's Drew Michaels and the Jack and Jill Singers. Join us for cookies and hot cider to bring in the holidays!

Please visit www.projectcompassioninc.org for more information today!



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