

# ONE TO ONE

The Key to Compassion

Volume V, Issue III Autumn 2011



## Friends Come Together for First Time Event

More than 130 'Friends' gathered in July to show support for the on-going mission of Project Compassion. Hosted by Area Agency on Aging (AAA), the Senior Activity Center on Cavanaugh Road in Fort Smith served a wonderful roast beef dinner. Pianist Bill Murray provided entertainment. AAA President Jim Medley and his committee put together a delightful evening event featuring special guest speaker Ms. Betsy Broyles - Arnold, Frank and Barbara Broyles daughter and director of the Frank and Barbara Broyles Legacy Foundation.



Shown above (l to r) J. W. Taylor and Mayor Sandy Sanders (right) Guest Speaker Betsy Broyles-Arnold (lower right, l to r) Jim Medley, Rev. Don Hutchins and Board President Sister Judith Keith (below) Volunteers attend to last minute details.



Betsy spoke about the family's experiences while dealing with Barbara's struggle with Alzheimer's. She shared the valuable tools available in Frank Broyles' "Alzheimer's Playbook", a detailed information booklet that deals with everything from Alzheimer's symptoms to how-to deal with family.

Many of Project Compassion's member long-term care homes have Alzheimer's units which are visited by Project Compassion volunteers.



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- Boy Scout Troop 316 Pledges Support
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"...Bringing Joy, Companionship and Quality of Life to Nursing Home Residents."

**PC Members****Alma, AR**

Alma Health &amp; Rehab

**Arkoma, OK**

Medi-Home

**Barling, AR**

Ashton Place

**Charleston, AR**

Greenhurst Nursing Center

**Fort Smith, AR**

Chapel Ridge Health & Rehab  
 Covington Court Health & Rehab  
 Fianna Hills Nursing Home  
 Legacy Health & Rehab  
 Mercy Crest  
 Methodist Nursing Home  
 River Valley Health & Rehab  
 St. Scholastica Infirmary

**Greenwood, AR**

Golden Years Retirement  
 Greenwood Retirement Center  
 Pinkbud Nursing Home

**Mena, AR**

Mena Manor  
 Rich Mountain Nursing Home

**Ozark, AR**

Ozark Nursing Home

**Paris, AR**

Paris Health &amp; Rehab

**Poteau, OK**

Oaks Healthcare

**Roland, OK**

Sequoyah East Nursing Home

**Van Buren, AR**

Crawford Health & Rehab  
 Pointer Trail H&R  
 Van Buren Health Care

**Founder**

Gloria White

**Board of Directors**

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**Newsletter**

Debbie Findley-Editor  
 Photography-PC Office  
 Printer-Calvert-McBride

A United Way Community Partner  
 501-c-3 Non-Profit Organization

**Etc. at the PC Office**

- Margaret Fimple has joined the PC office staff on a part-time basis.
- Simmons First National Bank donated chairs for the office.
- A Social Media Policy and Investment Policy have been adopted by the PC Board.
- Thanks to Dr. Jo Harper and her committee for their work to update and compose a strategic plan for the organization's future.
- The Board of Directors welcomes Debbie Satterfield to the Board. Debbie is the Administrator for Methodist Nursing Home and Methodist Village.

**ORDER NOW**

Red T-Shirts printed with "Our Residents have Hearts of Gold" on the front and "Project Compassion" on the sleeve.

- \$15.00 short sleeve and \$20.00 long sleeve
- S-XL Add \$3 for 2X-3X
- Paid orders must be received in the PC office by November 10
- Benefits the Hearts of Gold campaign

**Hearts of Gold 2011 Campaign**

The 2011 Hearts of Gold campaign will 'kick-off' Wednesday, November 30 with an Open House from 11 a.m. to 1 p.m. at St. Scholastica's Retreat Center in Room 110. The public is invited for food and fellowship. Unwrapped items from the Hearts of Gold Shopping List: Sweat shirts, sweat pants, nightgowns, pajamas, robes in sizes small to 3X, house shoes (no scuffs), non-skid socks, large-print bibles and books and large-piece puzzles may be brought to the event. Donations are accepted as well.

The Hearts of Gold campaign is a gift collection for residents in Project Compassion's long-term care home members. The campaign will run through December 20 and unwrapped gifts may be dropped by any Simmons First National Bank location during the campaign.

**JLFS Done in a Day**

The Junior League of Fort Smith 'Done In A Day' committee approved Project Compassion's Hearts of Gold campaign as one of its projects for the year. The group will provide a mini-grant to assist with providing gifts, as well as their volunteer hours.

**Chocolate Festival is a Sweet Outreach**

The Fort Smith Public Library hosted their 2nd annual Chocolate Festival at their Miller Branch. The event showcased local charities and lots of chocolate.

Carmelita Adams and her grandson, Tyson, along with Abbie Cox and her dad, J.W. Taylor, greeted attendees with Hearts of Gold flyers and 'Ooey Gooley' chocolate bars donated by Randalla's.

## We Couldn't Do It Without You!

Sue Lewis	Methodist
Susan Plummer	Nursing Home
Drucille Morton	Greenhurst
Marilyn Hicks	Nursing Home
Barbara McNutt	Van Buren H & R
Jana Gardner	Crawford H&R
Todd Stacy	Sequoyah East
Verna Dickison	Simmons First
Linda Beasley	National Bank
Ellen Dickison	Golden Living
Patricia Shaw	Patsy Vaughan
Dr. Joan Harper	Randy Swaim
Sabrina Swilling	B.G.Hendrix
Jim Medley	Karen Pharis
FSNC, Inc. DBA	Barbara Broyles
Bernard W. Beall	Joan Busby
Donald Lambert	Sisters of Mercy
Robert Rivera	Janet & Bill Loyd
Bill Speer	Sheri Rudd
Ramona Kouri	Diane Sutton
Linda McGinnis	Randalla's
	Vernon Stewart

### Special Recognition

#### DIAMOND

Greenhurst Nursing Center  
Methodist Nursing Home

#### GOLD

Crawford Health and Rehab  
Van Buren Health Care

#### BRONZE

Sequoyah Nursing Home

*Long-term care home members are partnering with Project Compassion to help sustain its programs.*

Check out TIDBITS every month!  
Thank you Tom Murdock for your advertising donation.

## Marion Stephens Key Person Award

**Nomination forms for this annual Award, named for PC's first Key Person, will be mailed in November.**

## Scouts Pledge Support

Project Compassion was officially "adopted" by Boy Scout Troop 316. Boy Scout Jordan Davis 'found' PC while looking for a service organization volunteer opportunity to complete his Eagle Scout badge. After meeting with members of the Board, the troop decided they needed to volunteer at Legacy Health and Rehab on a weekly basis and help with the Hearts of Gold campaign.

Currently there are five scouts volunteering at Legacy Health and Rehabilitation and one of their planned projects next

Spring is to build an outside gardening area that is wheel chair accessible. During Hearts of Gold, the Troop will be coming to help "tote, fetch and carry" all the Hearts of Gold inventory up to the 3rd floor of St. Scholastica to prepare for "Done in a Day", when Fort Smith Junior League members volunteer during early December to prepare gifts for distribution to Nursing Home residents.



(above l to r): Board members: Sister Elise Forst, Carmelita Adams, and Sister Judith Keith along with Evan Simpson, Ian D'Aquin, Jordan Davis and Jeri D'Aquin

## Fall Workshops - Highlights & Plans

This year's second training session offered to PC Key Person volunteers was held in October. Sally Johnson from the Arkansas Foundation for Medical Care (pictured right) spoke about 'Medicare Rights as a Caregiver' and 'Preventative Benefits as a Caregiver'. The next workshop will be Wednesday, November 16 from 11:30 a.m. to 1 p.m. at the PC office. Key Persons and Activity Directors will hear Rosemary Alcon speak about 'Caregiver Stress'. Also on the workshop's agenda will be information regarding the upcoming Hearts of Gold campaign. Please RSVP to the PC office, 479-783-2273.

The 2011 workshops are underwritten by an Area Agency on Aging of Western Arkansas mini-grant.



## Local Veterans Organize Database

Veterans from Marine Corp Attachment #1248 are compiling a database of veterans from all branches of military service that would welcome a visit while they are in area long-term care homes. Organizers, Commandant Pyle, Vice Commandant Lambert and Chris Remaley, support Project Compassion's mission that NO ONE in a nursing home is forgotten. The organizers anticipate that any veteran in any local nursing home would be included.



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Find us on FACEBOOK and follow us on TWITTER!

This issue underwritten by :



### *Dates to Remember*

#### 2011

- November 16 Workshop : Caregiver Stress 11:30am
- Nov 24 - 25 Office Closed-Thanksgiving
- November 30 Hearts of Gold Open House and Kick-Off 11am-1pm
- December 13 Christmas Brunch & Marion Stephens Award 11:30am
- December 20 Hearts of Gold campaign wrap-up
- Dec 23 - 26 Office Closed-Christmas

#### 2012

- April 28 First Annual Fun Walk and 5K Run at Ben Geren 9am

