



Bringing Joy, Companionship and Quality of Life to Nursing Home Residents

ONE TO ONE

Volume II Issue I

February 2008

AR Nursing Homes

Alma Health & Rehab
Ashton Place
Covington Court H & R
Crawford County R&H
Fianna Hills Nursing Home
Golden Living H&R
Golden Years Retirement
Greenhurst Nursing Center
Greenwood Retirement
Legacy Health & Rehab
Medi-Home Fort Smith
Mena Manor
Methodist Nursing Home
Ozark Nursing Home
Paris Health & Rehab
Pinkbud Nursing Home
Rich Mountain Nursing Home
River Valley Health & Rehab
St. Scholastica Infirmary
Van Buren Health Care
Waldron Nursing Home

OK Nursing Homes

Medi-Home Arkoma
Oaks Healthcare
Sequoyah East



**A United Way
Community Partner**

Spotlight on Annette Mackey, New Volunteer Manager



Annette (Anne) joined Project Compassion as Office Manager in 2004 after retiring as Financial Controller for Leggett & Platt in Van Buren. In August 2007 she agreed to add Volunteer Manager to her job description and has been in a whirlwind of activity since. She is committed to the mission of Project Compassion and is doing a fantastic job. She has the support of her husband,

David, who is an Engineering Tech for the City of Fort Smith. He is a special events volunteer and helps Annette in the office on the weekend when needed. Anne and David have a daughter, Misti and son-in-law, Mike, who have provided two precious grand daughters, Kaity and Eri, who are delights to all.

Anne plans to retire in July 2009 and she and David will move to Okemah, Oklahoma and take over a family ranch that currently has 75-100 head of black Angus. Anne says she doesn't know anything about cattle but will learn as they increase the herd. Until then, Anne is devoted to Project Compassion and

strengthening the internal structure so that Project Compassion will continue to be the wind beneath the wings of our volunteers for years to come.

David likes to take to the road on his Harley Road King Custom motorcycle and Anne is a willing passenger. They are Traditional Catholics and their nearest church is St. John Fisher's Roman Catholic Chapel in Tulsa.

Anne is very organized, efficient, hard-working, and persistent in reaching our common goals.

Thank you, Anne, for all you do for Project Compassion.

New Opportunities to Volunteer

In addition to the one-to-one visitation in the nursing home there are many opportunities to be of service. Please call (783-2273) or e-mail (projectcompassion@sbcglobal.net) if you can help with any of the following:

- Answer telephone
- Make phone calls
- Run Errands
- Mass mailings
- Send birthday cards
- Special Events
- Represent PC when needed (booth/event)
- Computer work (Access, Word)
- Grant writing, etc.

From the Board President: Changes for 2008

Dear Friends,

This past year has been an eventful and decisive year for Project Compassion. We have had challenges and we have had blessings. Our biggest challenge has been watching our usual sources of income shrink. Our biggest blessings have been you, individually and collectively. You have continued to visit residents and bring joy and companionship to improve the quality of their lives and you have responded to our requests to help more with Hearts of Gold. We have met our commitments for 2007 but want to share with you some of the changes



for 2008. These changes are necessary in order for Project Compassion to maintain autonomy.

We will combine the Marian Stephens and Sue Sherman Awards luncheons and give both at the October Volunteer Luncheon.

We will need all of you to register with RSVP. Those 55 and older will be members of RSVP and those younger will not be members but RSVP has agreed to track all of our volunteers for us and provide data that will be useful in seeking funding. See the RSVP

article for benefits to you if you are 55 or older. Hours must be reported monthly to RSVP via telephone, e-mail, or regular mail.

We will have a presence at RSVP's monthly open house to make it easier for those interested in Project Compassion to sign up.

Our office will be open Monday—Thursday 8:30 A.M until 4:30 P.M and Friday by appointment only.

Thank you for what you do for Project Compassion and Happy New Year!

Calline Ellis, President 2007-08

Year in Review: 2007

This past year was our 35th year in service to our area nursing home residents. We had more than 300 volunteers who provided over 22,000 hours at a value exceeding \$500,000.00.

We have served residents in 21 nursing homes in 6 counties in Arkansas and 3 nursing homes in 2 counties in Oklahoma. These 24 area nursing homes have a bed ca-

capacity of 2,418 and, of course, have turn over during the year. We have visited one-to-one, provided music therapy, pet therapy and assisted residents with bingo, arts and crafts and other group activities.

We participated in the Fort Smith Classic Golf Tournament and held our own first annual Project Compassion Golf Tournament.

There were Bunnies at Easter and Hearts of Gold Gifts for residents at Christmas.

We honored LaVerne McCorkle with the Marion Stephens Award, Betty Stutts with the Gloria White Award, and Mary Zimmer with the Sue Sherman Award. Congratulations to you.

It has been a very good year!

Your Project Compassion Board of Directors for 2008

Project Compassion Directors serve 3-year terms, without term limits. Officers serve 2-year terms. The Board meets monthly on the third Tuesday at 12 noon in Room 110 of St. Scholastica. These are open meetings and you are invited to attend. We do not meet in July or December.

Officers

Dr. Calline Ellis, President
Debbie Findley, First Vice-President
Dr. Eric Stein, Second Vice-President
Debbie Fort, Secretary
Pat Fellner, CPA, Treasurer

Board Members

Betty Coots Rep. Jim Medley
Kris Hope, CPA Sr. Elise Forst
Sr. Judith Marie Keith
Carmelita Adams Monty Watts
Mark Buergher

Thank You to Our Donors & Supporters

There are so many to thank and not enough space so these are just the highlights.

Thank you to all those who gave in memory of our dear friend and board member, Nancy Stein.

Thank you to those who honored someone with their love gift.

Thank you to Simmons First Bank and Channel 40/29 for the tremendous support of Hearts of Gold. Thank you to Golden Living for their generous donation.

Thank you to individuals in the community who donated

Bunnies for Easter and Hearts of Gold gifts for Christmas to the nursing home residents .

Thank you to the city of Fort Smith for the city grant and to the foundations for providing such generous support.

Thank you to United Way for supporting Project Compassion since 1982.

In future newsletters we will recognize our donors on a quarterly basis. In addition to our

usual categories (Honorary, Memory and Contribution), we will have several new categories, starting in 2008:

Sustainers Club (annual giving of \$1,000.00 or more)

Legacy Society (those who have included Project Compassion in their estate planning)

Visionary Society (those who give a lifetime gift of \$10,000 or more).

We are a 501 (c) 3 non- profit agency so your gifts are deductible.

Thank you for all you do for Project Compassion.



Westark RSVP and Project Compassion

Retired and Senior Volunteer Programs (RSVP) is a national organization. Westark RSVP is a community non-profit sponsored by the Western Arkansas Counseling & Guidance Center, Inc. Ninety of our Project Compassion volunteers are already members and we are asking the rest of you to join. We need help in tracking our volunteers and RSVP will do that for us.

RSVP conducts recognition event and provides free limited supplemental insurance to enrolled members who must be age 55 or older. PC Members under the age of 55 can not be RSVP members but RSVP has agreed to track the volunteer hours reported.

Join Westark RSVP and better serve your community, yourself and Project Compassion.

Susan Reehl is Program Director and Trish Walker is Volunteer Manager. You can get your application (or information form if under age 55) from you Key Person or call Trish at 783-4155. Her email is trishrsvp@ipa.net. JOIN TODAY!

Events of Special Interest For 2008

March 13 Mayor's Birthday Celebration and Gloria White Award for volunteers

April 15 United Way Day of Caring

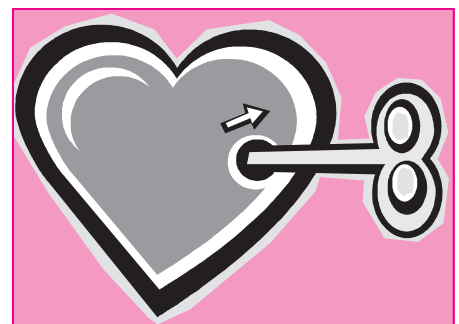
May TBA Key Person Workshop/ Luncheon

July TBA Senior Olympics (SACA)

September TBA Second Annual Project Compassion Golf Tournament

October TBA Volunteer Appreciation Luncheon, Marion Stephens and Sue Sherman Awards, Service Certificates

December 2 Open House and Hearts of Gold Kick Off





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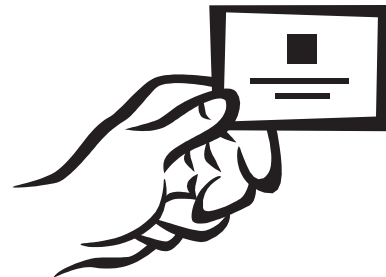
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